

Can you help to develop the role of a Diabetes Specialist Nurse for South Sudan?

The Directorate of Nursing and Midwifery in the Ministry of Health, South Sudan, is seeking a partner(s) to develop the role of Diabetes Specialist Nurse (DSN) to deliver much needed diabetes care in various parts of South Sudan.

Diabetes is increasing in prevalence in middle-aged people in South Sudan possibly due to life style changes especially changes in dietary habits; smoking and adoption of a sedentary lifestyle may also be contributory factors. There is no diabetes clinic in South Sudan and no physician with interest in this condition. I believe that a trained Registered Nurse in diabetes care will make a great deal of difference in the diagnosis, management and prevention of complications associated with this condition. Increasing numbers of lower limb amputations in people presenting late with the diagnosis of diabetes are seen. The prevalence of complications associated with kidney injury, blindness, strokes, ischaemic heart disease and nerve injury complicating diabetes are unknown.

Any organisations with an interest in nurse training are welcome to partner with my Directorate in the training of Registered Nurses in Diabetes Care. The role of the DNS will be valued by our developing society and prevent the complications of this condition.

Those charities that are interested in forming a partnership with my Directorate to develop this role may contact me on the email address below for discussions and the way forward.

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Every effort has been made to ensure that the information and the drug names and doses quoted in this Journal are correct. However readers are advised to check information and doses before making prescriptions. Unless otherwise stated the doses quoted are for adults.