

### **Quiz on infant feeding**

1. What is the definition of 'exclusive breastfeeding'?
2. For how long does WHO recommend that a baby is exclusively breastfed?
3. List 3 advantages of breastfeeding.
4. How much salt should be added to an infant's complementary foods?

See the new Lancet series on Breastfeeding at <http://www.thelancet.com/series/breastfeeding>

Answers in the next issue