

# COVID-19 Myth-busters

- There is a lot of false information around about the coronavirus disease (COVID-19).
- Which of these statements are **TRUE** and which are **FALSE**?
- Test yourself and your colleagues.
- Get more information on COVID-19 myths and how to deal with them from the links below.

Exposing yourself to the sun or to temperatures higher than 25C degrees prevents COVID-19.	• <b>FALSE</b>
You can recover from COVID-19.	• <b>TRUE</b>
Catching COVID-19 means you will have it for life.	• <b>FALSE</b>
Being able to hold your breath for 10 seconds or more without coughing or feeling discomfort means you are free from COVID-19 or other lung disease.	• <b>FALSE</b>
Drinking alcohol protects you against COVID-19.	• <b>FALSE</b>
COVID-19 can be transmitted in areas with hot and humid climates.	• <b>TRUE</b>
People of all ages can be infected by COVID-19.	• <b>TRUE</b>
Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.	• <b>TRUE</b>
Cold weather and snow can kill COVID-19.	• <b>FALSE</b>
COVID-19 can be transmitted in areas with hot and humid climates.	• <b>TRUE</b>
COVID-19 can be transmitted through mosquito bites.	• <b>FALSE</b>
Taking a hot bath prevents COVID-19.	• <b>FALSE</b>
Hand dryers can kill COVID-19.	• <b>FALSE</b>
Thermal scanners can detect if people have a fever. Thermal scanners CANNOT detect whether or not someone has the COVID-19. However, fever is often a symptom/sign of COVID-19.	• <b>TRUE</b>
Spraying alcohol or chlorine over your body kills viruses that have already entered your body.	• <b>FALSE</b>
Vaccines against pneumonia, such as pneumococcal vaccine and <i>Haemophilus influenzae</i> type b (Hib) vaccine, provide protection against the COVID-19.	• <b>FALSE</b>
Eating garlic protects people from the COVID-19.	• <b>FALSE</b>
Antibiotics work against viruses.	• <b>FALSE</b>
Lemon juice protects you from COVID-19.	• <b>FALSE</b>
You get COVID-19 from a blood transfusion.	• <b>FALSE</b>
5G mobile networks spread COVID-19	• <b>FALSE</b>
Acacia seeds protect you from COVID-19.	• <b>FALSE</b>

To date (May 1, 2020), there is **NO** specific medicine recommended to prevent or treat the COVID-19.

More information from:

- [Coronavirus disease \(COVID-19\) advice for the public: Myth busters](#)
- [COVID19: Combatting coronavirus misinformation](#)
- [Six out ten COVID-19 rumours in South Sudan are not true](#)
- [Reuters Institute. Types, sources, and claims of COVID-19 misinformation](#)
- [European Parliament: handy guide on fake news](#)